

Shore Aquatic Center

Water Aerobic Instructor

NATURE OF WORK: Under the direction of the Manager and Aquatics Coordinator, Water Aerobics Instructors provide quality exercise classes for patrons of all ages and abilities at the Shore Aquatic Center. Water Aerobics Instructors work a part time, flexible schedule and adhere to policies and procedures of the Pool District.

ESSENTIAL FUNCTIONS: The following duties are the main responsibilities of Water Aerobics Instructors. This list is not all-inclusive and additional duties may be assigned as needed.

1. Teach a variety of water exercise classes for a range of ages and abilities.
2. Effectively teach a well-structured class and give alternative moves when needed.
3. Enforce and educate students about facility rules and reasons for them.
4. Communicate with staff the need for further assistance or equipment.
5. Submit all records and reports in a timely manner.
6. Accurately answer questions related to pool programming in a pleasant manner. Redirect complaints and concerns to the supervisor on duty.
7. Set up and put away equipment used for classes, including moving lane lines, and ADA acceptable stairs.
8. Attend inservice and other trainings.
9. Maintain current certifications.
10. Fill in as needed for fellow instructors.
11. Use online scheduling software to know work schedule, put in time off requests, and pick up available shifts.

WORKING CONDITIONS & PHYSICAL DEMANDS:

Aerobics Instructors work a part-time flexible schedule where hours may vary, depending on need of the facility. Work requires a normal range of vision and hearing, and the ability to lift in excess of 50 lbs, bend, and stoop. Aerobics Instructors must also possess the ability to continuously maintain physical fitness and be prepared to be wet for extended periods of time.

MINIMUM REQUIREMENTS:

- Must be at least 18 years of age.
- Certification from the AEA, Arthritis Foundation, or another recognized organization preferred.
- Must pass National Background screening including Child Abuse records check prior to hire.

KNOWLEDGE, SKILLS & ABILITIES:

- Knowledge of water exercise technique and principles.
- Ability to effectively manage a class of multiple students.
- Ability to communicate effectively both verbally and in writing.
- Ability to follow and give instructions, as well as work independently with minimal direction.
- Ability to establish and maintain effective working relationships with co-workers.
- Ability to serve the public in a polite and friendly manner.
- CPR/F.A. Certification

TO RETAIN STATUS

- Attend all Aerobics Quarterly Meetings/Inservice's
- Maintain required certifications
- Complete all essential functions of Aerobics Instructor; failure to comply with essential functions of position could result in loss of employment.